

TREK	ITINERARY	MAX DAILY WALKING	WALKING TIME
2 DAYS / 1 NIGHT WARIMAK	Day 1 Depart Waisai 0900 Travel by boat to Warimak Overnight in Warimak village homestay Day 2	5 km	3-5 hours/day
	Laen Soronga, Bat Cave, Kakit trekking Mayalibit Bay mangrove and sago harvesting tour Return to Waisai by 1700		
2 DAYS / 1 NIGHT WAIFOI	Day 1 Depart Waisai 0900 Travel by boat to Waifol Trek to Kamtabai Forest Hut Overnight at Kamtabai Forest Hut Day 2 Trek to Red Bird of Paradise, waterfall, back to Waifoi Mayalibit Bay mangrove and sago harvesting tour Return to Waisai by 1700	5 km	3-5 hours/day
3 DAYS / 2 NIGHTS WARIMAK	Overnight at Laen Sorongga Hut Mayallibit Bay mangrove and sago harvesting tour Reurn to Waisai by 1700 Day 3 Return trek to Warimak via Laen Soronga Mayalibit Bay mangrove and sago harvesting tour Reurn to Waisai by 1700	7 km	5-7 hours / day
3 DAYS / 2 NIGHTS WAIFOI	Day 1 Depart Waisai 0900 Travel by boat to Waifoi Trek to Kamtabai Forest Hut Overnight at Kamtabai Forest Hut Day 2 Trek to Red Bird of Paradise, waterfall, birding sites Overnight at Kamtabai Forest Hut Day 3 Return trek to Waifoi via sannah and panorama viewpoin Mayalibit Bay mangrove and sago harvesting tour Reurn to Waisai by 1700	5 km	3-5 hours/day
4 DAYS / 3 NIGHTS WARIMAK	Day 1 Depart Waisai 0900 Travel by boat to Warimak Overnight at Warimak village homestay Day 2 Trek to Kanyum. Overnight at Kanyum campsite / bivouac Day 3 Trek to Katotara and Laen Sorongga Overnight at Leen Sorongga Hut Day 4 Trek to Warimak Mayalibit Bay mangrove and sago harvesting tour Return to Waisai by 1700	7 km	5-7 hours / day
5 DAYS / 4 NIGHTS WARIMAK-WAIFOI	Day 1 Depart Waisai 0900 Travel by boat to Warimak Overnight at Warimak village homestay Day 2 Trek to Kanyum. Overnight at Kanyum campsite / bivouac Day 3 Trek to Katotara and Laen Sorongga Overnight at Laen Sorongga Hut Day 4 Trek to Kamtabai Overnight at Kamtabai Forest Hut Day 5 Trek to Red Bird of Paradise, waterfall, back to Waifoi Mayalibit Bay mangrove and sago harvesting tour Return to Waisai by 1700	10 km	5-7 hours / day